

Excellens in senses the sport humanistic why it is important to change out mental approach nowadays AIPPS's staff

Five senses path

AIPPS methodology:

- defense mechanism observation during sport practise
- communication dynamics observation through transactional analysis
- test of body scheme development through drawing and clinical test (tree test, TAT,...)

Value of AIPPS approach:

- non invasive methodology
- cross cultural approach
- significant reduction of costs related to the disease

A complete path that involves five sense, sight hearing taste smell touch, stimulated by exercises directed to children.

Subjects: 8 children , 4 boys and 4 girls, rom eleven to twelve years old. All of them are Marcello Lodetti fencing club athletes

Scope: Developing the sinergie of the five senses in order to encourage and foster in the children a creativity and an excellence in every life aspect, in relationship with peers and, most of all, in the sports.

Main pillars: - Cusine Accademy of Gualtiero Marchesi (smell taste sight)
- "Dialogo al buio ©" path, an emoziona path into the dark with blind people like giudes. (it is a Milan "Istituto dei Ciechi" product) (smell hearing touch)
- Concert for luta at" Marcello Lodetti fencing club" (hearing)
- The milanese French handle epee school taught according to Marcello Lodetti's method
- The clinical prevention approach and researches conducted by AIPPS

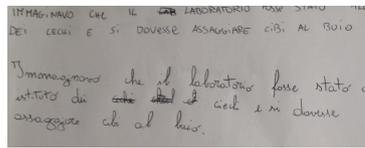
Goal: Reach a global knowledge of the human being and his personalità

Cusine Accademy of Gualtiero Marchesi experience

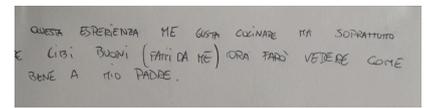
Children were involved into the realization of two dishes (a first course and a sweet)
Before and after the experience the children handwriting was taken to evaluate how the experience changed themself



Boy

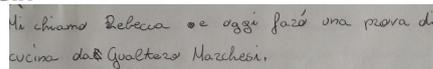


Before

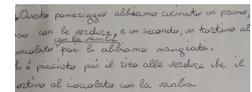


After

Girl



Before



After

"Dialogo al buio" experience

Children were involved in the path immersed into the darkness and with the guide of a blind adult.
They lived some daily situation from a different piont of view

Before and after the experience the children tree drawing was taken to evaluate how the experience changed themself

Boy



Before



After

Concert for luta experience

Children were involved in listening a fifteen concert o flute music, a type of music they never heard

Before and after the experience the children human figure drawing was taken to evaluate how the experience changed themself

Girl



Before



After

