

## Italian sessions

Friday, 6<sup>th</sup> July 2007

5 symposia

### 1. **Psycho-oncology: understanding and supporting.**

Promoting the provision of appropriate and accessible supportive care programmes and services for cancer patients and their families is of primary importance to cancer societies, public health authorities and research and treatment centres around the world.

The objective of this symposium is to present the state of the art of programmes and of an evidenced based approach improving the quality of life, implemented by the most representative cancer organisations.

**Chairperson: Anita Caruso**

#### **Speakers:**

**Gabriella Morasso** (Unit of Psycho-oncology. National Cancer Institute – Genoa)

**End-of-life in Italy: understanding family dynamics.**

**Maria Antonietta Annunziata** (Oncological Reference Centre – Aviano PN)

**The psychologist's role in the medical staff training in communication and help relationship.**

**Eleonora Capovilla** (Psycho-Oncological Unit, Veneto region's Institute of Oncology. Science-oriented Institute for Research and Treatment (I.R.C.C.S.), Padua)

**Integrated intervention in oncology: a contribution to the scientific development of the liaison method in the oncological setting.**

**Anita Caruso** (Regina Elena Institute – Rome)

**Effects of living with an increased risk of breast cancer.**

### 2. **Aspects of clinical psychology concerning sports**

“Clinical” sport psychology is an instrument to deal with problems related to different relational aspects concerning individuals in the age of development, both preadolescents and adolescents, with special needs as well.

The use of this instrument is meant to prevent juvenile problems such as bad aggressivity working over and ADHD syndroms; to provide the integration and/or the reintegration of people physically and mentally ill into the social community and to deal with the “wellbeing” linked to games and sports features tout-court, particularly for those people belonging to therapeutical communities and/or custody communities (prisons, reform communities and so on).

Models of intervention in a clinical applied context will be described here. The role of clinical sport psychologists is to link sport practice to good applied processes. Psychologists have to carry out clinical projects of a great therapeutical value for the social community within those institutions which ask for them.

**Chairperson: Giovanni Lodetti** (President of the AIPPS – Association International Psychologie et Psychoanalyse du Sport - Onlus)

#### **Speakers:**

**Giovanni Lodetti and Vito Tummino** (Mental Health Psychology Department- Sant'Anna Hospital - Como)

**Clinical Sport Psychology: origins and developments.**

**Giovanni Lodetti**

**The Psychology information desk and the sport practice in a Clinical Spinal Cord Unit. Model and applied practice.**

**Gaia Oldani, Alessandra Cova, Noemi Bargnesi, Liliana Martinelli (AIPPS members)**

**A sport recreational therapy centre for the identification and resolution of ADHD first signs.**

**Gaia Oldani and coll.**

**Music and application on sport practice: a clinical developmental model.**

**Giovanni Lodetti**

**Psyche and fencing. Sports and growth metaphors.**

### **3. Applied Psychology in Rehabilitation Medicine: working models.**

The experience of a stay in hospital - however brief - and use of hospital facilities constitutes a significant, intense event for the individual and his/her relatives, not only on account of the presence of an impaired state of health but also because it interrupts daily habits and poses the suffering individual – the patient - in a new psychological and social dimension unknown to his/her experience up until that moment.

Rehabilitation interventions involving the collaboration of psychologists have existed for years in Italy and are widely diffused in numerous therapeutic settings. An example are the integrated experiences with rehabilitation teams in oncological, neurological, cardiological and pneumological settings, aimed at modifying patients' eating habits. These interventions, generally part of the wider strategy of secondary or primary prevention, are based on diverse theoretic frameworks (systemic relational, psychodynamic, cognitive behavioural).

The use of appropriate instruments that can extrapolate indicators and systematically record them makes it possible, on the one hand, to obtain monthly and annual readings that testify to the active nature of the psychological contribution in the wider context of the patient's treatment (quality of care) and, on the other, provides outcome indicators of the clinical intervention, which can be used to reflect on the working modes in an attempt to render them more effective and better targeted at the goal of patient care.

This working mode can serve not only in producing useful notions for the continued improvement of the service offered, but also make it possible to obtain adequate economic recognition for the structure that sustains such a service.

**Chairperson: Giorgio Bertolotti**

**Speakers:**

**Giorgio Bertolotti**

**Applied Psychology in Rehabilitation Medicine: working models.**

**Manuela Galante** (Salvatore Maugeri Foundation – Clinica del Lavoro e della Riabilitazione, IRCCS, Istituto Scientifico di Castel Goffredo – Servizio di Neuropsicologia – Unità di Valutazione Alzheimer)

**Non pharmacological treatment of dementia: interventions of cognitive-behavioural rehabilitation.**

**Giorgi Ines** (Salvatore Maugeri Foundation – Clinica del Lavoro e della Riabilitazione, IRCCS, Pavia Institute – Pavia)

**Brief group therapy: a technique to promote empowerment and wellbeing in psychological rehabilitation.**

**Renato Pisanti, David Lazzari** (Servizio di Psicologia. Azienda Ospedaliera “S.Maria” – Terni), **Giuseppe Fatati** (Struttura di diabetologia dietetica e nutrizione clinica. Azienda Ospedaliera “S.Maria” – Terni)

**Toward a comprehensive assessment of patients with Type II diabetes mellitus. A psychological multiaxial approach.**

**Paola Chiambretto** (Cooperativa Vitaresidence - Guanzate CO, Legnano MI)

**Care and treatment of subjects in the vegetative state.**

**Claudio Zullo** (Psicologo dirigente ASL – Napoli 1, responsabile attività Unità Operativa Psicologia Ospedaliera C.T.O.), **Del Forno D.** (prof. aggr. Dipartimento Medicina Clinica e Scienze Cardiovascolari – Università degli Studi di Napoli Federico II)

**Psychological intervention in the illness self-perception as an intervention strategy in cardiological rehabilitation.**

**Umberto Mazza, F. Barile, S. Giacomelli** (U.O. di Psicologia dell’Età Adulta, Dipartimento di Salute Mentale A.O. San Gerardo de’ Tintori – Monza), **M.G. Strepparava**, (Prof. Associato di Psicologia Clinica, Facoltà di Medicina e Chirurgia, Università degli Studi Milano-Bicocca) **G. Rezzonico** (Prof. Ordinario di Psicologia Clinica, Facoltà di Medicina e Chirurgia, Università degli Studi Milano-Bicocca)

**Psychological intervention with patients in cardiological rehabilitation: clinical practice and perspectives.**

#### **4. Emergency Psychology: psychologists’ task force in Italy**

Focusing on the interventions which have been carried out in some areas in Italy, the authors of this symposium will offer the chance to think about the “emergency psychology” by figuring out the reactions to traumatic events, the treatment steps and methods of the consequent psychological problems, the complexity of the interventions’ organization both with large groups and non homogeneous groups and the current effective laws in Italy.

**Chairperson: Girolamo Baldassarre**

##### **Speakers:**

**Girolamo Baldassarre** (President of the Order of Psychologists – Molise region)

**Emergency Psychology: the Molise region experience.**

**Isabel Fernandez** (Psychotraumatology Research Centre – Milan)

**Providing psychological first aid to victims of disasters and critical incidents.**

**Anna Rita Verardo** (EMDR Association)

**Post-traumatic reactions and interventions in developmental age.**

**Melita Ricciardi** (Secretary Counsellor of the Order of Psychologists – Sicily) **and Alberto Dolce**

**Stress effects on volunteers: the A.T.R. 72 splashdown tragedy off the Palermo’s coast.**

**Giada Maslovaric, Maria Adele Pozzi, Carla Maria Gaffuri and Vito Tummino** (Mental Health Psychology Department Sant'Anna Hospital – Como)  
**Working plan about psychological needs in emergency contexts.**

**Michele Cusano** (President of the Italian Emergency Psychology Society)  
**Emergency situations, from the person psychological care to the defence of functionality of the social system.**

5. **The psychologist's intervention into the mental health context and professional standards.**  
**Chairperson : Vito Tummino** (Mental Health Psychology Department Sant'Anna Hospital – Como)

**Speakers:**

**Elena Lai, Ester Pellegrini, Antonio Mastroeni, Francesco Galletti and Vito Tummino** (Mental Health Department Sant'Anna Hospital – Como)  
**Early diagnosis of psychosis: an action-research of effective psychological treatments.**

**Giorgio De Isabella** (Psychological Unit, San Carlo Hospital - Milan) **Voltolini A., Erlicher A.** (Mental Health Department, Niguarda Hospital - Milan)  
**Psychology Operative Units and quality: accreditation among equals in Lombardy.**

**Giorgio De Isabella, Barbieri S.** (Psychological Unit, San Carlo Hospital - Milan), **Barile F.** (Psychological Unit, San Gerardo Hospital - Monza), **and Telleschi R.** (Psychological Unit, Lodi Hospital - Lodi)  
**Psychosocial rehabilitation in Psychiatry.**

**Riccardo Telleschi, Giorgio De Isabella and Umberto Mazza**  
**Psychology in MHD between conservation and innovation.**

**Rinaldo Perini** (Mental Health Department – Lazio region)  
**Italian mental health system: psychological activity into hospitals and local trust board services.**

**Jacopo Valli** (Mental Health Psychology Department Sant'Anna Hospital – Como)  
**Professional standards: EuroPsy.**

**Tuesday, 3<sup>rd</sup> July 2007**  
**4 symposia**

**1) Family advisory centres in Italy: actual facts and prospects.**

**Chairperson: Carmela Martello** ( Psychologist and Psychotherapist, Secretary Counsellor of the Order of Psychologists in Lombardy)

**Speakers:**

**Doriana Paganini**

**Fouding and development of family advisory centres in Italy.**

**Marina Mombelli**

**Psychological welfare care in family advisory centres: aid to individual, couple and family.**

**Salvatore Zavaglia**

**Psychological speech with under-age youth.**

**Elisabetta Corti**

**Health prevention and education of users and teenagers in particular**

**Carmela Martello**

**Specific aid practices towards voluntary miscarriage, adoptions and foreigners.**

**Giancarlo Marengo, Guido Banzatti, Francesco Dettori and Barbara Colombelli** (SIPR Italian Psychoanalysis Relationship Society members)

**A psychoanalytical approach to aid a couple going through a difficult period.**

**2) Developmental age psychology: clinical interventions.**

**Chairperson: Silvano Solari**

**Speakers:**

**Silvano Solari** (Docente Università di Genova, Dirigente ASL 5, La Spezia)

**Results of a psychological integrated treatment with autistic children and general puberty disturbances.**

**Fabio Sinibaldi** (ISERDIP)

**Focused-integrated approach. An intervention on a today central focus in adolescence: ideals-reality.**

**Patrizia Dugoni** (ISERDIP)

**Intervention with parents following a focused approach.**

**Valentina Franchi** (ISERDIP)

**Quick detection and focused treatment of psychic diseases in adolescents: initial results of a clinical experience.**

**Salvatore Gentile** (Psicologo-Psicoterapeuta, Responsabile U.O. Servizi Consultoriali Minori, ASL 5 – MT) and **Antonietta De Caro** (Psicomotricista, Terapista della Riabilitazione, ASL 5–MT)

**Mirror neurons involvement into selective mutism treatment.**

### 3) **Psychology referred to transport safety**

In this symposia we will present experiences derived from teams of psychologists that have performed interventions with subjects involved in transport accidents.

In particular:

- SIPSiVi's staff will present reports within the research framework aimed at reaching the real behavioural causes of accidents, separating the confidential interviews results from the legal consequences of the accident;
- Another research team instead, working inside an important rehabilitation centre, presents an integrated approach to the traumatised patient, going over the usually fragmented vision of the problem towards a global intervention under the medical and psychological aspects.

**Chairperson: Pierangelo Sardi ( SIPSiVi)**

**Speakers:**

**Pierangelo Sardi, Lucia Lisa (SIPSiVi, Cuneo), Cesare Furlanello (IRST, Trento)**

**Confidential interviews to traffic accidents' victims nel progetto MITRIS**

**Claudio Signoretti (SIPSiVi, Roma)**

**Accident investigation and inconveniences in rail way transportation**

**Gian Marco Sardi (SIPSiVi, Cuneo)**

**The effectiveness evaluation of mass media campaign in road safety: the Italian situation**

**Maria Grazia Santucci, Luigi De Luca (SIPSiVi, Roma)**

**The emotional answers of helpers: a psycho sociological analysis in the emergency situations**

**E. Meregalli, M. Perazzini (SIPSiVi, Rimini)**

**The psychological support to disability derived from road accident**

**Serena Barbieri, Alessandra Saibene, Patrizia Borrelli, Giorgio De Isabella (A.O. Ospedale San Carlo Borromeo di Milano, Unità Operativa di Psicologia Ospedaliera)**

**The medical-psychological treatment of subjects with trauma derived from road accident: data analysis and development of an integrated intervention model**

### 4) **Psychological aspects of the traffic safety between generations from prevention to the driver assessment.**

**Chairperson: Giovan Battista Tiengo (Psychoterapist at Niguarda Hospital – Milan, AUPI National Secretary and PAL President)**

**Giovan Battista Tiengo**

**Road safety and sustainable mobility promotion: a psychological approach.**

**Prevention and safety education at school: examples of experiences within political, educational and social contexts.**

**Max Dorfer (Azienda Sanitaria Alto Adige, traffic psychology department)**

**Criterion validity of traffic-psychological test batteries for the assessment of aged drivers.**

**Giovanni Cavadi (Faculty of Psychology, University of Milan "Bicocca")**

**The contribution of the psychologist to evaluation of complex cases sent by medical control of drivers.**

**A semiprojective test to assess reaction to frustration in licensed young adults.**

